

Whitney Point PAL

MARCH 2025

Phone: 607.408.5045

Parents as Leaders (PAL) Center (Whitney Point)
2652 Main Street Whitney Point, NY 13862

Monday - Friday: 9:00 am – 3:00 pm



Mon

Tue

Wed

Thu

Fri

03 Mommy and Me
Workout
10am 

04 Talk Time:
Budget Friendly Meal
Planning 10 am

05 Closed for
Staff Meeting

06 Story Time
11am


07 Music and
Movement Class
10 AM


10 Mommy and Me
Workout
10am

11 St. Patrick's themed Rainbow
Taste Test with Kevin from
Rural Health Network
10 AM


12 Coffee and Connections
10:30 am

13 Newborn and Infant
Tummy Time Circle
11am

14 Music and
Movement Class
10 AM 

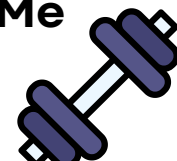
17 Early Eagles 9:30am
at the CEA 

18 Mommy and Me
Workout
10am

19 Coffee and
Connections 
10:30 am

20 Story Time
11am


21 Music and
Movement Class
10 AM

24/31 Mommy and Me
Workout
10am 

25 Closed for
Staff Trainings

26 Coffee and Connections
10:30 am
Sensory Play Day

27 Newborn and Infant
Tummy Time Circle
11am

28  Music and
Movement Class
10 AM