



YOUTH SERVICES AT MOTHERS & BABIES PERINATAL NETWORK

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DRAW THE LINE/RESPECT THE LINE FOR MIDDLE SCHOOL GRADES 6-8

Learning Objectives

The goal of Draw the Line/Respect the Line is to provide students with knowledge on boundary setting and maintaining personal limits in the face of pressure. It also aims to provide information on preventing HIV infection, other sexually transmitted diseases (STDs), and pregnancy.

Draw the Line/Respect the Line is...

- ✓ Evidence-based
- ✓ Abstinence based
- ✓ Age appropriate for 6th-8th graders
- ✓ Uses interactive approaches like group discussions, small group activities, movies, and role playing
- ✓ Shows how to set personal limits and meet challenges to those limits
- ✓ Illustrates the importance of respecting the personal limits of others
- ✓ Three days long with pre and post surveys to measure learning

6th Grade

Emphasis on **general peer pressure** and maintaining limits

Explains **how to set limits** in healthy relationships

Discusses **saying no to risky behaviors** like stealing, alcohol, and drugs

7th Grade

Emphasis on **sexual pressure** and applying refusal skills

Explains **consequences of unplanned sex** and **basic information on STIs**

Discusses **STI Prevention** methods like **abstinence and condoms**

8th Grade

Emphasis on **developing personal sexual limits** and applying refusal skills

Explains **detailed information on STIs, HIV, and consequences of unplanned pregnancy.**

Discusses **birth control, pregnancy prevention, and STI prevention.**